



**WELCOME**

**9<sup>TH</sup> GRADE PARENT MEETING**



**CLASS of 2021**



# ***YOUR COUNSELING TEAM***

**A-G Kerry Ingles**

**H-O Shelley Benson**

**P-Z Heather Senecal**

**A-Z Colleen Martin**

**College & Career Center Specialist**

# ***TONIGHT'S AGENDA***

- **Parent Support**
- **Transcripts**
- **Graduation Requirements**
  - **a-g UC/CSU Requirements**
- **Admissions Testing**
- **College Admission Factors**
  - **Honors & AP courses?**
- **Excellent Students make Excellent Applicants**
- **CCGI California Colleges Guidance Initiative**
- **What's next?**
- **Resources**

**NO 2 HB**

# ***PARENTS PARTICPATE TOO!***

ü ***BLACK AND GOLD BOOSTERS*** - supporting Arts, Activities, Academics & Achievement

[www.blackandgoldboosters.org](http://www.blackandgoldboosters.org)

***TIGER ATHLETIC BOOSTERS*** - supporting all athletics

[www.slotab.org](http://www.slotab.org)

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ü ***SLO AGGIE BACKERS*** - supporting FFA and the agricultural program. [www.sanluisobispoffa.org](http://www.sanluisobispoffa.org)

ü

ü ***SLOIMBA*** - Supporting instrumental music for our students. [www.slobandboosters.org](http://www.slobandboosters.org)

# ***THE TRANSCRIPT MYTH:***

**Freshman year doesn't matter?!**

*UC's and CSU's only look at grades from 10th & 11th to calculate the GPA for admissions.*

- Colleges review the *entire* transcript!
- You need all 4 years to qualify for admissions.
- Freshman year establishes study habits!
- Freshman year determines classes for 10th grade!
- Cal Poly does look at 9th grade grades!

# ***SLOHS GRADUATION REQUIREMENTS***

- English: 40 credits
- Foreign Lang or Fine Arts or CTE: 10 credits
- Life Science: 10 credits
- Physical Science: 10 credits
- Math: 30 credits
- World History: 10 credits
- US History: 10 credits
- American Gov: 5 credits
- Economics: 5 credits
- PE: 20 credits
- Health: 5 credits
- Electives: 110 credits

NO 2 HB

# UC & CSU "THE A-G LIST"

- a. History - 2 yrs.
- b. English - 4 yrs.
- c. Math - 3 yrs. (4 recommended)
- d. Science – 2 yrs. (3 recommended)  
*(Biology and either Chemistry or Physics)*
- e. Foreign Language – 2 yrs. (3 recommended)  
*(Must be two years of the same language.)*
- f. Visual Performing Arts - 1 yr.
- g. Electives - 1 yr.

**a-g subjects must be passed with a grade of “C” or better to meet college entrance requirements**

**<http://www.ucop.edu/agguide/>**

# ***COLLEGE CHOICES***

- **110 California Community Colleges**
- **California State University (CSU)**
  - Top 30%
  - SAT or ACT w/o Writing
- **University of California (UC)**
  - Top 9%
  - SAT or ACT w/Writing
- **Private & Out of State Colleges**
  - Complete A-G Requirements
  - SAT or ACT w/Writing
  - Some require/recommend Subject Tests

NO 2 HB



# ***ADMISSIONS TESTING***

## **SAT: [collegeboard.com](http://collegeboard.com)**

A quick thinker, likes to figure things out

Excellent vocabulary

Enjoys academic writing

Did well on the PSAT

## **ACT: [act.org](http://act.org)**

A strong math student

Can work quickly to beat the clock

A strong reader

Has strong GPA, but may have struggled on PSAT

# ***COLLEGE ADMISSION FACTORS***

- **Academic GPA**  
(Grades in Academic Classes)
- **Rigor of courses (Honors & AP)**
- **SAT/ACT**
- **College Essay(s)**
- **Teacher(s) Recommendation(s)**
- **Extracurricular Activities**
- **BALANCE**

# ***MOST IMPORTANT FACTOR***

## **Grades in academic courses**

- ✓ Plan your time
- ✓ Complete homework
- ✓ Learn to study!
- ✓ Take advantage of tutoring
- ✓ Balance your school work with extracurricular activities
- ✓ Accelerate in areas of your strength
- ✓ Attendance
- ✓ Be involved with something!

NO 2 HB

# ***HONORS AND AP CLASSES?***

- **Honors:** Classes that are taught at the high school level & provide the greatest challenge and preparation for college.
- **AP(Advanced Placement):** College level courses offered at the high school. Students expected to take AP exams in May.

These courses earn *weighted* credit in the SLOHS GPA; however, only Honors Pre-Calculus & AP courses earn weighted grades for the UC/CSU gpa.

# ***EXCELLENT STUDENTS...***

- *Routinely* monitor their grades on PowerSchool
- Attend free tutoring in the SLOHS Library
- Attend school everyday & participate in class
- Ask for help.

*Teachers are available  
before & after school and via email!*

# ***EXCELLENT APPLICANTS...***

*Are Excellent students who...*

- Have a Balanced life
- Discover and develop strengths and interests
- Give back to SLO! ...volunteer opportunities

**The Mayor's Community Service Award - 80  
hour**

- Go beyond the minimum: commit to 3-4 years of same activities, show commitment and depth
- Participate in classes & get to know teachers
- Commit to interests (Clubs, Sports, Theater, Music Lessons, School Newspaper, ASB, etc.)
- Learn how to follow directions and DO NOT procrastinate

# ***HOW CAN PARENTS HELP?***

- Parents role is to **SUPPORT** their students to **DEVELOP** habits & strategies for greater **ACHIEVEMENT** while encouraging them to take **INCREASING RESPONSIBILITY** for their work *(the work of growing up!)*
- The **GOAL** is for your Student to become self sufficient and managers of their own time and resources.
- If students can be at the helm of this process, they will **FARE FAR BETTER** throughout high school including registering for their classes and making adjustments to their schedule and college plans.
- **COLLEGE NIGHT Monday, October 30th  
CUESTA COLLEGE 5-8 pm**

# ***SUMMERTIME...TIME TO SHINE!***

*By the summer after 9th grade, students should be spending some of their summer weeks in pursuit of interests...*

**EXPERIENCE DEPTH and CONTINUITY in areas of INTEREST**

- **Community College Class**
- **Leadership Opportunities**
- **Working - a part time job!**
- **Learning a new skill – *broadening horizons***
- **Explore experiences to determine likes and dislikes and passions to move toward a college major.**
- **TRAVEL – Enrichment Programs**

**You DO NOT Have to go to Uganda to make a difference; you can help right here in our own backyard.**



# ***HELP KEEP THEM ORGANIZED!!***

## **Create a “High School File”**

- **TRACK EVERYTHING.**
- **LOG all your COMMUNITY SERVICE along with a contact people, and contact information.**
- **TRANSCRIPTS & CERTIFICATES**
- **ARTIFACTS of Achievement – newspaper articles, photos, thank you cards.**
- **TEST SCORES – PSAT, AP, SAT & ACT**
- **LETTERS of RECOMMENDATION**
- **RESUME**
- **ATHLETIC Accomplishments & Statistics**
- **VISUAL & PERFORMING ARTS portfolios**

# "DO YOUR CHORES!"

## TEACH RESPONSIBILITY

- ★ Build self confidence and self worth by teaching through action.
- ★ Let kids think, decide, experience trial & error themselves.  
Support a skill set that includes wellness and can-do attitude.
- ★ *"Harvard Grant Study"* found that professional success in life comes from doing CHORES as a kid. *The earlier you start the better!*
- ★ Doing unpleasant work and building part of the whole creates better employees, workers and successful people.
- ★ SHOW and POSITITVELY NUDGE your CHILD to progress with ALL responsibilities
- ★ Your students SUCCESS is Up to THEM and you should SUPPORT their EFFORTS, NOT BE their EFFORT

# ***FOLLOW THE RULES***

- **ATTENDANCE** - Please clear absences immediately. Students cannot leave campus without a “permit”.
- **DRESS CODE** - Shoes required and dress in “acceptable and appropriate manner”
- **SOCIAL MEDIA** - Inappropriate use (cyberbullying, inappropriate photos, threats, racism, harassment and other forms of discrimination)
- **Consequences for social media misconduct can include school discipline & LAW ENFORCEMENT**
- **DRUGS & ALCOHOL** - NO Vaping ( nicotine, THC), NO prescription drugs, and NO marijuana
- **We want our students to be SAFE and KIND.**

# ***WE'RE HERE TO HELP***

The SLOHS Counseling Dept supports you:

Students can sign up to see their counselor  
Email your counselor anytime!

- **Kerry Ingles**      A-G
- **Shelley Benson**      H-O
- **Heather Senecal**      P-Z

<http://slohs.slcsd.org/counseling>

The College & Career Center ~ **Colleen Martin**

***Use your Tiger resources!***