

JUNIOR PARENT NIGHT & THE COLLEGE APPLICATION PROCESS

SAN LUIS OBISPO HIGH SCHOOL

A planning guide for 11th grade parents & students



WELCOME & INTRODUCTIONS

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ATHLETICS

WINTER SPORTS TRYOUTS

November 6th - 10th

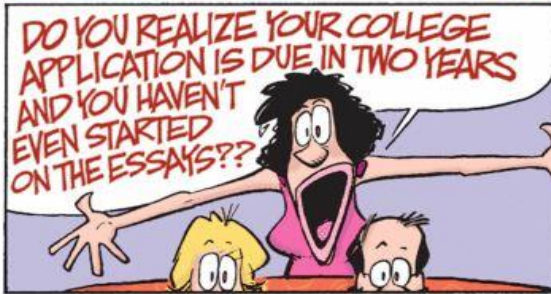
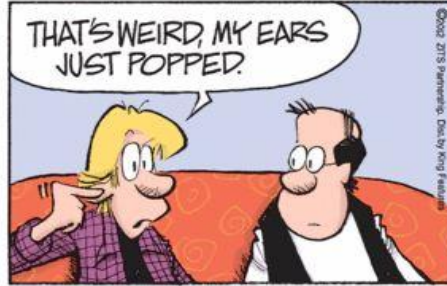
SPRING SPORTS TRYOUTS

February 12th - 16th

For more information...

<http://wordpress.slcusd.org/slohsathletics/>





COLLEGE ADMISSIONS - 4 CHOICES

1. 110 CCC: Cuesta College

<http://www.cuesta.edu/>

2. 10 UNIVERSITY OF CALIFORNIA (UC)

<http://admission.universityofcalifornia.edu/>

3. 23 CALIFORNIA STATE UNIVERSITY (CSU)

<http://calstate.edu/apply>

4. 100's PRIVATE & OUT OF STATE SCHOOLS

<http://www.commonapp.org/>

... & individual school websites

CCC: CUESTA COLLEGE

<http://www.cuesta.edu/>

- ★ **An excellent 1st choice**
- ★ **The Promise of a 1st year tuition free education!**
- ★ **Transfer agreements (CSU, UC, and private)**
- ★ **Time to decide**
- ★ **Start fresh**
- ★ **The perfect back-up plan**
- ★ ***Successful community college students are well prepared leaving high school***

UNIVERSITY OF CALIFORNIA (UC)

<http://admission.universityofcalifornia.edu/> (opens August 1st)

9 Campuses : *Berkeley, Davis, Irvine, Los Angeles, Merced, Riverside, San Diego, Santa Barbara, & Santa Cruz*

14 Factors - the comprehensive review

1 Application

- ★ Self reported grades
- ★ Test scores
- ★ Insight questions (*4 of 8 open ended questions*)
- ★ Activities, service, & awards

CALIFORNIA STATE UNIVERSITY (CSU)

<http://ww2.calstate.edu/apply> (opens October 1st)

23 Campuses : *Bakersfield, Channel Islands, Chico, Dominguez Hills, East Bay, Fresno, Fullerton, Humboldt, Long Beach, Los Angeles, Monterey Bay, Northridge, Pomona, Sacramento, San Bernardino, San Diego San Francisco, San Jose, San Marcos, Sonoma, Stanislaus, Maritime & Cal Poly SLO*

1 Application

- ★ Self reported academic records
- ★ Test scores
- ★ List of honors & awards
- ★ **NO LETTERS of RECOMMENDATION or ESSAYS**

PRIVATE & OUT OF STATE SCHOOLS

The Common Application - over 600 colleges & universities

<http://www.commonapp.org/> (opens in August)

- ★ One place to report all your application info & share it with different schools.
- ★ Counselors complete the upload of their transcript, school profile, mid-year report and counselor evaluation.
- ★ *Teachers upload confidential letters of recommendation*
- ★ Applicants complete essays and activities lists

COURSE SELECTION AND GRADES

★ The Scholastic Requirement (GPA)

- ★ Cumulative Weighted GPA**

- ★ UC/CSU GPA - 10th & 11th grade a-g courses**

★ UC/CSU “a-g” Subject Requirements

A - G REQUIREMENTS

The requirements for University of California & the California State University are aligned. Both systems use the “a-g” subject requirements.

- **area a** - History / Social Science - 2 years required
- **area b** - English - 4 years required
- **area c** - Mathematics - 3 years required, *4 years recommended*
- **area d** - Laboratory Science - 2 years required, *3 years recommended*
- **area e** - Language other than English - 2 years required, *3 years recommended (same language)*
- **area f** - Visual & Performing Arts - 1 year required
- **area g** - Elective - 1 year required

TESTING: COMPLETE THE ACT OR THE SAT

All colleges and universities will require either the SAT Reasoning Test or the ACT for all freshman applicants. Some schools will also require the SAT Subject Tests. If you have any questions about the testing requirements of specific campuses, contact the colleges. The testing requirements are as follows:

OUT OF STATE & PRIVATE SCHOOLS

SAT

or

ACT

Subject tests- some require

UNIVERSITY OF CALIFORNIA

SAT

or

ACT plus Writing

Subject tests not required
can add value to your app

CALIFORNIA STATE UNIVERSITY

SAT -no writing

or

ACT -no writing

THE ACT & THE SAT...

Create accounts and register ONLINE for test dates... it is never too early!

- ACT.org
- CollegeBoard.com
- *Be wary of 11th grade testing schedule (AP, CASSSP)*

FINANCIAL AID

**Free Application for Federal Student Aid =
FAFSA**

All students, including those planning to enroll at Cuesta, should plan to complete the FAFSA.

All need-based financial aid, including the Cuesta Promise, require its submission.

***FAFSA opens October 1st of your student's
senior year***

CCGI - CALIFORNIA COLLEGES GUIDANCE INITIATIVE

College & Career Planning Resource

SLOHS website Counseling > California Colleges > use full

PowerSchool login & password.

- ★ College Exploration, Major Exploration, use to apply to community colleges and CSUs
- ★ **Your San Luis Obispo High School official courses and grades will populate within their program**
- ★ College, Career, Financial Aid

DO HIGH SCHOOL STUDENTS EVER SLEEP?!!

what can students do to increase their chances for admission?

- Take a challenging course schedule and perform well
 - Take advantage of other academic opportunities
 - Take *initiative* in pursuing passions and interests; be consistent
 - Get involved in activities at school and in the community
 - Explore LEADERSHIP opportunities at school, in activities, in the family, and in the community
- ★ Be sure to keep track of all the amazing things you do! ★

http://slohs.slcsd.org/nmd_alternation/assets/user_files/file/2011-12ActivitesLog.pdf

VISITING COLLEGES - WHAT TO LOOK FOR?

- **LOCATION** – We live with a mild climate near the ocean. Do they want to live in
the city?
- **SIZE** – Some universities are the size of San Luis Obispo!
- **HOUSING** - % Living on Campus – Are they looking for a residential campus?
- **PROXIMITY** to city, airport, attractions, etc.
- **FAMILY** - Is there a family member nearby who could be their family away from home?
- **FUTURE** - Where do the students live when they no longer want to live on campus? Places to work?
- **SPORTS** - teams, rec center, dining
- **MAJORS** – occupational preparation

BALANCE AND PERSPECTIVE

- Parents role is to **SUPPORT** their students to **DEVELOP** habits & strategies for greater **ACHIEVEMENT** while encouraging them to take **INCREASING RESPONSIBILITY** for their work (*the work of growing up!*)
- The **GOAL** is for your student to become self-sufficient and managers of their time and resources, and learn along the way!
- If students can be at the helm of this process, they will **FARE FAR BETTER** throughout high school including registering for their classes and working on college admissions.

FOLLOW THE RULES

- **ATTENDANCE** - Please clear absences immediately. Students cannot leave campus without a “permit”.
- **DRESS CODE** - Shoes required and dress in an “acceptable and appropriate manner”
- **SOCIAL MEDIA** - Inappropriate use (cyberbullying, inappropriate photos, threats, racism, harassment and other forms of discrimination)
- Consequences for social media misconduct can include school discipline & **LAW ENFORCEMENT**
- **DRUGS & ALCOHOL** - NO vaping (nicotine, THC), NO prescription drugs, and NO marijuana

We want our students to be SAFE and KIND.

LIFE'S A JOURNEY... & SO IS HIGH SCHOOL

- ★ **ENCOURAGE** your student to do their very best at all times.
- ★ **BE REALISTIC** about time and talents when talking about reach colleges for them.
- ★ **CELEBRATE** in your child's successes and **SUPPORT** their shortcomings.
- ★ What teenagers **LEARN** along the way is just as important as their college enrollment.
- ★ Please encourage them to **ENJOY** high school.
- ★ ***There is a college out there for everyone!***

SLOHS RESOURCES:

Your Counselors: **Mrs. Ingles (A-G)** **Mrs. Benson (H-O)** **Mrs. Senecal (P-Z)**

1. Meet with Seniors regarding post high school plans
2. SENIOR YEAR 101 -parent night
3. Individual and group follow-up meetings with Seniors
4. Individual academic and personal counseling when needed
5. Lunchtime school college application sessions in October & November

The College & Career Center: **Mrs. Martin – College & Career Center Specialist**

1. Scholarship information
2. College, technical schools, & military information
3. College Rep Visits
4. Career assessment resources
5. Gap Year programs and summer enrichment
6. Volunteer opportunities, Mayor's Award, work permits, and testing information

WE ARE HERE TO HELP!

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