

# SLOHS First Day Help Zooms

If on the first day of school you are unable to access your 1st period Zoom session, are struggling to figure out your schedule, or need another support, please jump into one of the zoom sessions below. Each Zoom will be open from 8:30-10:30am and will have a counselor and administrator waiting to help! Be sure to follow the link that corresponds with your last name.

[A-E with Mrs. Ingles and Ms. Mamo](#)

[F-L with Mr. Inman and Mr. Meinert](#)

[M-Ri with Mrs. Benson and Mr. O'Connor](#)

[Ro-Z with Mrs. Senecal and Mrs. Miller](#)

[VLP Students with Mrs. Dexter and Mr. Frost](#)