



SAN LUIS OBISPO HIGH SCHOOL  
COUNSELING DEPARTMENT

LAST NAME, FIRST NAME

SENIOR BIOGRAPHICAL DATA SHEET  
"BRAG SHEET"

Please TYPE this fillable form to be used for requesting a letter of recommendation, preparing to complete college applications, adding to your SLOHS Local Scholarship application or other any other application.

The amount of effort invested in your data sheet is indicative of your work ethic and desire to be accepted to the college of your choice and earn the scholarships you seek.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_  
Student Cell Phone: \_\_\_\_\_ Parent Home Phone: \_\_\_\_\_  
Personal Email Address (not your SLCUSD): \_\_\_\_\_  
Home Address including zip code: \_\_\_\_\_

1. STUDENT FAMILY INFORMATION

Parents' names you live with: \_\_\_\_\_  
Father \_\_\_ Stepfather \_\_\_ Mother \_\_\_ Stepmother \_\_\_ Other \_\_\_\_\_

Where does your father work? \_\_\_\_\_  
Job Title: \_\_\_\_\_

Where does your mother work? \_\_\_\_\_  
Job Title: \_\_\_\_\_

Fathers highest education: \_\_\_\_\_ Mothers highest education: \_\_\_\_\_

Name and relation of other guardians: \_\_\_\_\_

How many people live in your home? \_\_\_\_\_ Sisters ages: \_\_\_\_\_ Brothers ages: \_\_\_\_\_

How many of your siblings have attended / or are attending college currently? \_\_\_\_\_

Are you the first in your family to graduate from high school? \_\_\_\_\_ Are you first to attend college? \_\_\_\_\_

Is a language other than English spoken in your home? \_\_\_\_\_ If so, what language? \_\_\_\_\_

Do you speak another language other than English? \_\_\_\_\_ If so, what language \_\_\_\_\_

Have you ever lived in another country other than the United States? \_\_\_\_\_

If so, where? \_\_\_\_\_ How long? \_\_\_\_\_ Who did you live with? \_\_\_\_\_

What responsibilities do you have at home?

2. SCHOOL INFORMATION

Current Weighted GPA \_\_\_\_\_ How many years have you attended SLOHS? \_\_\_\_\_

Courses enrolled in for 12<sup>th</sup> grade: \_\_\_\_\_  
\_\_\_\_\_

SAT SCORES Math \_\_\_\_\_ Reading & Writing \_\_\_\_\_ TOTAL \_\_\_\_\_ Optional Essay \_\_\_\_\_

ACT SCORES Math \_\_\_\_\_ English \_\_\_\_\_ Reading \_\_\_\_\_ Science \_\_\_\_\_ Composite \_\_\_\_\_ Essay \_\_\_\_\_

Which classes have you enjoyed the most in high school and why? \_\_\_\_\_

Are there any factors or circumstances in your life related to your grades or test scores that you would like to share? YES \_\_\_\_\_ NO \_\_\_\_\_ If so, explain.

3. COLLEGE & CAREER GOALS

List any schools you are considering at this time. Do you have a dream\* school? Intended major?

School	Major	School	Major
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

What is your career goal or intended area of study? Why?

4. AWARDS & HONORS

Starting with the most recent

Award or Honor Name	Grade/s	Who provided award and why?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Share what would you consider to be your most outstanding academic or personal accomplishment.

5. WORK EXPERIENCE:

Starting with the most recent

Employer	Grade/s	Position Held	Responsibilities
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

List five positive adjectives that describe your academic and/or personal strengths

\_\_\_\_\_

Briefly explain one of these strengths.

6. ATHLETIC TEAMS / BAND OR MUSIC PERFORMANCE

Starting with the most recent, list your team and music involvement.

Sport or group	Grades/s	Sport level or Music level	Awards/ Titles & Recognitions
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_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Which athletic or musical activity was the most meaningful to you? What did you learn?

7. HIGH SCHOOL ORGANIZATIONS ON CAMPUS & IN THE COMMUNITY

Starting with the most recent, list organizations and clubs you are involved with at school and in the community.

Club or Group	Grade/s	Position held	Activity Role & Responsibilities
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Which activity has been the most rewarding to you and why?

8. COMMUNITY VOLUNTEER SERVICE

Starting with the most recent and be specific when describing duties (may include number of volunteer hours)

Organization	Grade/s	Activity	Description of duties
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Share an event or happening in your life that had a significant impact on you. How did it affect your life?

## 9. SPECIAL INTERESTS, TALENT, HOBBIES, & TRAVEL

Briefly describe your interests, talents, hobbies or travel experiences. Include a description of how long you have experienced each activity. How do you spend your free time?

## 10. SPECIAL CIRCUMSTANCES

List any special circumstances that you have experienced which have had a direct impact on your high school experience, such as growing up as a first generation American, an extended illness, divorce, family hardships etc. How have you overcome these obstacles/challenges in your life and what have you learned from them?

SAN LUIS OBISPO HIGH SCHOOL  
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<https://sites.google.com/slcusd.org/slohscounseling/home>  
CEEB CODE: 053-145

Graduation Date: June 5, 2020  
SLOHS Local Scholarship Application Due: Tuesday, February 18, 2020